

Main Menu | 12 – 9
Weekday Carvery | 12 – 2.30 | 6 – 9
Sunday Carvery | 12 – 9

THE
SMUGGLERS INN
QUALITY CUISINE IN A RELAXED, FAMILY ATMOSPHERE

GF – Gluten Free Options
V – Vegetarian Options
Ve – Vegan Options

STARTERS

CHEFS SOUP (V GF) 4.95
Served with either white bread, granary bread or baguette.

PRAWN COCKTAIL (GF) 6.75
Plated prawn cocktail served with marie rose sauce, brown bread & butter.

CREAMY GARLIC MUSHROOMS (V GF) 6.25
Served with a crispy cheese crust & served with a crusty baguette.

DEEP FRIED WHITEBAIT 5.95
Served with tartare sauce.

BAKED CAMEMBERT (V GF) 6.95
Served with continental breads.

SELECTION OF BREADS (V) 6.25
Served with olive oil, balsamic vinegar, and butter.

NACHOS (V GF) 5.50
*Crispy tortillas topped with cheese served with a selection of dips.
Guacamole available on request.
Add Jalapenos +0.75*

MAINS

28 DAY HUNG 100Z SIRLOIN (GF) 21.50
*Served with grilled tomatoes, flat cap mushroom, battered onion rings and chips.
Add a sauce. Peppercorn, Blue Cheese or Jack Daniels +2.25*

CHEF'S PIE 11.25
Topped with a shortcrust pastry lid served with carvery vegetables or chips and peas.

SMUGGLERS CHICKEN (GF) 11.25
Succulent chicken breast topped with ham, BBQ sauce & melted cheese, with chips & salad.

100Z GAMMON STEAK (GF) 11.25
Topped with a free range egg or pineapple with battered onion rings, flat cap mushroom, grilled tomato, chips & peas.

WESTCOUNTRY HAM & EGGS (GF) 9.50
Locally cured ham & two free range eggs with chips & peas.

STEAK & KIDNEY PUDDING 11.25
Our famous steak and kidney pudding served with chips, peas, carrots & gravy or carvery vegetables.

CHEF'S CURRY 9.95
With turmeric rice, poppadum, naan bread and mango chutney.

SMUGGLERS COTTAGE PIE (GF) 11.25
Topped with cheesy mashed potato and served with carvery vegetables.

Please inform your server if you don't want us to add cheese

FARMERS FEAST CARVERY

ADULT CARVERY 10.95
Our most popular dish.

SENIOR'S CARVERY 9.25
Over 60's. Smaller portion.

VEGETARIAN CARVERY (V) 7.95
Plenty to choose from.

MIXED NUT ROAST (V) 9.25
*Cooked to order.
Add Goats cheese for 75p*

CHILDREN'S CARVERY (Under 12's only) 6.25

TAKE-AWAY CARVERY 9.75
For collection.

*Our Carvery can be served completely Gluten Free. Please ask at time of ordering.
All of our meat is locally sourced from award winning village butchers, G.T Orsman.*

BURGERS

80Z WEST COUNTRY BEEF STEAK BURGER 11.25
*Topped with Monterey Jack Cheese in a toasted brioche bun, served with salad, chips and chefs made burger sauce.
Add bacon +1.25
Add jalapenos +0.75
Add tomato chutney +0.75*

CAJUN CHICKEN BURGER 10.95
*Chicken breast marinated in Cajun spices, served in a floured bap with chips, sour cream dip and salad.
Add cheese +0.50
Add bacon +1.25
Add jalapenos +0.75
Add tomato chutney +0.75*

ITALIAN

TAGLIATELLE CARBONARA **11.95**
Mushroom and ham in rich creamy white sauce served with garlic bread.

CHEFS LASAGNE **10.95**
Served with garlic bread and salad.

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**No carvery vegetables available
between 2.30-6.00 Monday - Saturday**

FISH

SMOKED HADDOCK & PRAWN BAKE (GF) **11.25**
A combination of smoked haddock and prawns in a rich white sauce garnished with garden peas and topped with breadcrumbs and cheese, served with carvery vegetables or chips & salad.

GOLDEN FRIED BREADED PLAICE **9.95**
Served with chips and peas.

BREADED WHOLETAIL SCAMPI **10.95**
Served with chips and salad.

Please Note: Despite our best efforts, all of our fresh fish dishes may contain bones.

VEGETARIAN & VEGAN

GRILLED HALOUMI BURGER (V GF) **10.25**
Grilled Haloumi, flat cap mushroom, red onion chutney and shredded baby gem lettuce served in a toasted brioche bun with side salad, chips and Tzatziki dip.

GOLDEN PUFF PASTRY TART (Ve) **9.95**
Filled with seasonal roasted vegetables, coated in a tasty tomato and basil sauce and served with carvery vegetables or chips and salad.

SWEET POTATO COCONUT CURRY (Ve GF) **11.25**
With spinach and chickpeas, served with rice, poppadum and mango chutney..

KID'S/SMALLER APPETITE MEALS

FISH FINGERS **5.75**
Served with chips & a side of peas, beans, coleslaw or carvery vegetables.

SCAMPI **5.75**
Six pieces served with chips & a side of peas, beans, coleslaw or carvery vegetables.

SAUSAGES **5.75**
Served with chips & a side of peas, beans, coleslaw or carvery vegetables.

PIZZA (V) **5.75**
*Served with chips & a side of peas, beans, coleslaw or carvery vegetables.
Add ham +0.40p Add pineapple +0.40p*

CHICKEN GOUJONS **5.75**
Served with chips & a side of peas, beans, coleslaw or carvery vegetables.

MINI COTTAGE PIE (GF) **6.50**
Served with carvery vegetables.

TAGLIATELLE IN TOMATO SAUCE (V) **4.95**
Served with lettuce, cherry tomatoes and cucumber.

MINI HAM, EGG & CHIPS (GF) **6.50**
Served with peas.

SANDWICHES

All sandwiches are served with a choice of white or granary bread, white or brown baguette, salad garnish & crisps. Gluten free bread is available upon request.

ROAST OF THE DAY **6.95**
*Served with roast potatoes and a jug of gravy.
Add stuffing +0.50*

CHICKEN AND BACON **5.95**
Served with mayonnaise.

PRAWN **6.75**
Served with Marie Rose sauce.

MATURE CHEDDAR (V) **5.50**
Choose to add onion, tomato or tomato chutney.

WEST COUNTRY HAM **5.50**
*Locally cured, West Country ham.
Add cheese +0.50*

We go out of our way to ensure all dietary requirements are catered for at The Smugglers Inn. Please tell your server prior to ordering if you have any allergies so we can make you aware of what we can offer you. The dietary symbols indicate that items can be made gluten-free, vegetarian or vegan- please make sure you specify when ordering. Please Note: Despite our best efforts, all of our fresh fish dishes may contain bones.

SALADS

Our salads is based on a crisp leaf salad with tomato, cucumber, red onion, peppers, celery, seasonal fruit, dressed with our very own honey & basil dressing (GF), served with our homemade coleslaw and a chunky piece of bread (GF is available upon request). Our base salad is priced at: **7.95**

BUILD YOUR OWN FROM THESE CHOICES:

- SMOKED SALMON	+4.00
- ATLANTIC PRAWNS	+3.50
- CARVERY MEATS (Please ask for today's choices)	+3.00
- CHEESE SELECTION (Please ask for today's choices)	+3.00
- COLD GAMMON HAM	+3.00
- WARM CHICKEN, BACON AND BLUE CHEESE	+3.50
- WARM ORIENTAL CHICKEN	+3.50

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EXTRAS

Garlic Bread (V)	2.50
Cheesy Garlic Bread (V)	2.95
Portion of chips (GF Ve)	2.45
Portion of cheesy chips (GF V)	2.95
Onion Rings (V)	2.50

SUNDAES

SINGLE SUNDAE 5.95 || SHARING SUNDAE 8.95

THE OREO-GINAL (V)

Crushed Oreo cookies and chocolate brownies, 2 large scoops of ice cream, topped with whipped cream, nuts, sugar curls and chocolate sauce.

THE MESSY ONE (V GF)

Crushed meringue & strawberry with a mix of vanilla & strawberry ice cream topped with whipped cream & sugar curls.

THE SHOWSTOPPER (V GF)

Crushed popcorn served with salted caramel ice cream, topped with toffee sauce, whipped cream & sugar curls.

THE ZINGER (V GF)

Crushed meringue & lemon sauce with vanilla ice cream & lemon sorbet, topped with whipped cream & sugar curls.

Why not upgrade to a sharing sundae for £3?

DESSERTS

ALL DESSERTS ARE PRICED AT 5.95

FRUIT PAVLOVA (V GF)

Fresh Meringue nest filled with Chantilly cream & topped with fresh fruit selection. Please ask for today's flavour.

CHEESECAKE OF THE DAY (V)

Please ask for today's flavour.

CHEF'S OWN STICKY TOFFEE PUDDING (V)

Baked sponge with dates, topped with a toffee sauce.

CHEF'S OWN BREAD & BUTTER PUDDING (V)

BANOFFEE PIE (V)

Biscuit base with a layer of bananas, toffee and topped with cream.

CHOCOLATE FUDGE BROWNIE (V GF)

Topped with warm chocolate sauce.

All desserts are served with a choice of Clotted Cream, Double Cream, Ice Cream or Custard.

ICE CREAM

YARDE FARM ICE CREAM (V GF)

Vanilla pod | Chunky Belgian Choc | Honeycombe | Strawberry | Mint Choc | Salted Caramel | Toffee Fudge Sorbet: Raspberry | Lemon | Mango | Passion Fruit | Orange

1 Scoop- 1.65 | 2 Scoops – 3.30 | 3 Scoops - 4.95

FRAVOCADO (Ve V GF)

3.95 per 100ml pot

Luxurious ice cream that is packed full of goodness and free from dairy, gluten, egg, nuts and soya. Flavours:
Original | Raw Cacao | Raspberry and Basil

HOT DRINKS

Soya milk available – ask your server for more information.

ESPRESSO	1.85
DOUBLE ESPRESSO	2.75
FILTER COFFEE	2.30
LATTE	2.60
CAPPUCCINO	2.60
POT OF TEA	2.30
SPECIALTY AND HERB TEAS	2.50
LUXURY HOT CHOCOLATE	3.00
LIQUEUR COFFEES	From 4.95